

# FoodData Central Search Results

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## Cloudberrries, raw (Alaska Native)

SR Legacy, released in April 2018, is the final release of this data type and will not be updated. For more recent data, users should search other data types in FoodData Central.

**Data Type:** SR Legacy

**Food Category:** American Indian/Alaska Native Foods

**FDC ID:** 169802

**NDB Number:** 35027

**FDC Published:** 4/1/2019

**Nutrients**    **Other Information**

### Portion:

100g

Name	Amount	Unit	Deriv. By	n	Samples	Min	Max	Median	Footnote
Water	87	g	Analytical data; from the literature or government; incomplete documentation						
Energy	51	kcal	Calculated						
Energy	214	kJ	Calculated						
Protein	2.4	g	<a href="#">Analytical data; from the literature or government; incomplete documentation</a>						
Total lipid (fat)	0.8	g	Analytical data; from the literature or government; incomplete documentation						

Name	Amount	Unit	Deriv. By	n	Samples	Min	Max	Median	Footnote
Ash	1.2	g	Nutrient that is based on other nutrient/s; calculated by difference or summed (with or without activity factors) Ex. Proximate component other than CHO by difference. Vitamin A calculated from components when one of the component values is not source code 1 or 7						
Carbohydrate, by difference	8.6	g	Calculated						
Calcium, Ca	18	mg	Analytical data; from the literature or government; incomplete documentation						
Iron, Fe	0.7	mg	Analytical data; from the literature or government; incomplete documentation						
Phosphorus, P	35	mg	Analytical data; from the literature or government; incomplete documentation						
Vitamin C, total ascorbic acid	158	mg	Analytical data; from the literature or government; incomplete documentation						

Name	Amount	Unit	Deriv. By	n	Samples	Min	Max	Median	Footnote
Thiamin	0.05	mg	Analytical data; from the literature or government; incomplete documentation						
Riboflavin	0.07	mg	Analytical data; from the literature or government; incomplete documentation						
Niacin	0.9	mg	Analytical data; from the literature or government; incomplete documentation						
Vitamin A, IU	210	IU	Analytical data; from the literature or government; incomplete documentation						

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